

## RECOMMENDED READING

Ali, Elvis, N.D., et al. *Natural Remedies and Supplements*. Niagara Falls, N.Y., 2000, pg. 70, ISBN 1-886508-28-3

Haupt, Joseph B., M.D., et al. *Glucosamine Hydrochloride in Knee Osteoarthritis*. Toronto, Canada, 1999.

Mowrey, Daniel B., PhD. *Herbal Tonic Therapies*. Keats Publishing, Inc. New Canaan, Connecticut, 1993, pgs.281-284, ISBN 0-87983-565-6

Murray, Micheal T., N.D. *Natural Alternatives to Over-the-Counter and Prescription Drugs*. William Morrow and Company, Inc., New York, 1994, pgs. 65-82, pg, 193, pgs. 295-296, ISBN 0-688-12358-9

Murray, Micheal T., N.D., and Pizzorno, Joseph. *Encyclopedia of Natural Medicine*. Primo Publishing, Rocklin, CA, 1991, pgs.447-453, ISBN 1-55958-091-7

Murray, Michael T., N.D. *Arthritis, How You Can Benefit From Diet, Vitamins, Minerals, Herbs, Exercise, and Other Natural Methods*. Prima Publishing, Rocklin CA, 1994, ISBN 1-55956-491-2

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